

# CERDDEDIGION 2017



**Cerddedigion 2017**

## SERIES OF 5 WALKS

- Longwood – 8 miles – 14<sup>th</sup> May 2017
- Garn Gron Tregaron – 5 miles – 11<sup>th</sup> June 2017
  - Llyn y Fan Fach – 8 miles – 9<sup>th</sup> July 2017
  - Coastal Path – 13 miles – 6<sup>th</sup> August 2017
  - Pen y Fan – 4 miles – 15<sup>th</sup> September 2017

**£40 (T-shirt included)**

## Registration Details

Name.....

Address.....

Contact No: .....

E-mail.....

Medical condition.....

Medication.....

Registration fee      £40.00      Paid

Participant`s signature.....      Date.....

Signature for centre.....

T Shirt size      S    M    L    XL    XXL

